

# DEVOTIONS



The concept of individual or family devotions suggests a practice that takes place generally in and through the life of the home, but our understanding of the practice also includes the congregation. For many Christians, a life devoted to God's word is almost exclusively experienced in the congregation. It is not enough, however, to gather periodically in a public setting to receive God's grace through Word and Sacrament ministry. The Christian life is edified by God's word for a life of **prayer**, **praise** and **thanksgiving** in both home and congregation.

A devotional life is a way to practice the presence of God through the Word of God. A devotional life is more of a consciousness and way of life than a formula to accomplish a certain task. Family devotions connect the generations with faith, hope and love in a world that speaks and operates on a different basis than the Gospel of Jesus Christ.



## DEVOTIONS CAN INCLUDE:

1. Confession – Ask family members for forgiveness, ask God for forgiveness... say “Lord, forgive me..”
2. Lamentation – Don't be afraid to grieve or question.  
Ask: “How can this be?!”
3. Thanksgiving – Give thanks to each other for care and support.  
Give thanks and praise to God for what you have been given.
4. Intercession – Pray for others: family, friends, leaders, enemies...
5. Learning – Take time to read and grow in the WORD of God.

THE KEY IS . . .

**Adjusting your vision! Learn to look at life together through the LENS OF FAITH.**

Try to look for and identify God in your daily life.